



MONTHLY NEWSLETTER FEBRUARY 2025

As we step into February, we hope you're all staying warm and well! This month, we're bringing you exciting updates, helpful dental tips, and a few ways to keep your smile healthy and bright.

Celebrate National Children's Dental Health Month

February is all about raising awareness of children's oral health.

It's a great time to remind little ones about the importance of brushing twice a day, flossing, and maintaining regular check-ups. If your child is due for a visit, why not book an appointment today?



VALENTINE'S DAY SHOW YOUR SMILE SOME LOVE!

WITH VALENTINE'S DAY AROUND THE CORNER, DON'T FORGET TO GIVE YOUR SMILE A LITTLE EXTRA CARE. WHETHER IT'S A WHITENING TREATMENT FOR A BRIGHTER SMILE OR A ROUTINE HYGIENE APPOINTMENT, WE'RE HERE TO HELP YOU LOOK AND FEEL YOUR BEST.

Call the practice on 01482 770597

❄️ WINTER DENTAL CARE TIPS

Cold weather can sometimes cause tooth sensitivity. Here are some quick tips to keep your teeth happy this season:

- Use toothpaste designed for sensitive teeth.
- Stay hydrated to prevent dry mouth.
- Avoid excessive hot or cold drinks to reduce discomfort.



CASTLE PARK DENTAL CARE

Here's to making a difference

We have a lot of celebrating within the Team this month...

Welcome Baby Freddie!

We're delighted to announce the safe arrival of baby Freddie!

Congratulations to Edward, Claudia and family on their new bundle of joy.

We can't wait to meet him!



**CONGRATULATIONS TO
TINA & JONATHAN ON YOUR ENGAGEMENT**



WATCH THIS SPACE...

INCREDIBLE OFFERS ARE ON THE WAY TO HELP YOU ACHIEVE THE SMILE OF YOUR DREAMS!

STAY TUNED FOR SOMETHING SPECIAL!